https://verdi-bub.de/seminar/4539

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Bildung + Beratung
LQW-zertifizierte Qualität

Themenplan

Clear speech, strong impact!

Mastering speeches as a works council member

Speech anxiety and inhibition as barriers to free speech:
- Origins and coping strategies
- Introductory techniques for and basic structure of a succesful speech
- Body language as a means of expression
- Impromptu speech

Holding a speech at the works meeting:
- Preparation
- Structure and outline
- Designing a manuscript
- Aspects of speaking effectively (breathing and voice techniques, gestures)

Practical exercises and content development for a sample speech based on the Works Constitution Act:
- Possible measures to protect employees' health and safety

Conducting a sample meeting:
- Staging and taping of a works council meeting
- Group reflection on the content: Answering questions
- Dealing with disruptions

How to implement the learned strategies in the workplace